

SPA TREATMENTS

Slimming & Thermo-therapy

EdeS Signature treatment with Gym-Combo, using diathermy & EMS to burn fats, remove toxins and water retention. Firmer muscles and smoother skin, feel lighter and look slimmer immediately.

Duration: 70 minutes, Price: \$250

Volcanic Body Slimming Treatment

EdeS Signature Oligotherapy for the body, consists of volcanic earth from Sicily to promote circulation, detoxification & firming of tissues & skin. Super cool body treatment to improve skin tone and smoothness.

Duration: 105 minutes, Price: \$250

Gym-Combo Slimming Treatment

EdeS Gym-Combo, a combination of Infra-Red Heat Wave stimulation and Monophasic Electrical Stimulation of muscles to perform gym type exercises of specific muscle groups. Firms muscles and burns fats for a toned and slimmer look.

Duration: 70 minutes, Price: \$250

Holistic Massotherapy

Wholesome treatment of the body with thermal pads infused with herbs, aromatherapy with essential oils and a choice of 3 massage techniques to complement your needs or preferences.

Duration: 60 minutes, Price: \$120

Mineral Spa Exfoliation & Massage

EdeS Signature Aromatic Spa treatment. Full body scrub with essential oil enriched mineral salts followed by massage with a choice of essential oil blends.

Duration: 60 minutes, Price: \$130

Swedish Massage

Soft tissue manipulation techniques to relax and revitalize tensed and tired muscles; detoxify and efficient removal of wastes to relief lethargy, soreness and pain; deliver oxygen and nutrients to tissues to revitalize mind and body.

Duration: 60 minutes, Price: \$100

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Javanese Massage

Traditional Indonesian method in relieving stress and tension of muscles, promote circulation and removal of waste in tissues to eliminate localized aches and pain.

Duration: 60 minutes, Price: \$100

Chinese Massage

Traditional Chinese method also known as Tui-Na (means compress and knead). Ritual of stretching, friction and pounding along meridian lines and stimulation of acupressure points. Rather stimulating experience enjoyed by the discerned.

Duration: 60 minutes, Price: \$100

Deep Tissue Massage

Manipulative massage using traction and friction techniques to break down tension and adhesion of fascia tissue to alleviate pain, increase range of motion and improve posture.

Duration: 60 minutes, Price: \$100

Acupressure Massage

Non-oily massage using direct pressure on meridians and acupoints to promote flow of Qi.

Calm and relaxes the nervous system.

Duration: 60 minutes, Price: \$100

Prenatal Massage

Kneading and flowing massage strokes are used to promote venous return and lymph drainage to remove waste, toxins and excessive water from tissues; improve circulation and reduce muscle tension, aches, and relieves stress.

Duration: 60 minutes, Price: \$150

Postnatal Massage

Tightening of abdomen, toning and shaping of hips, thighs, arms and soothing of back, breasts, and arms, while easing stress and tension of muscles and improving circulation and posture.

Duration: 60 minutes, Price: \$150